

THERE ARE MANY EFFECTIVE WAYS to find internships. The most successful internship-seekers devote time and energy to search using a variety of strategies and refuse to give up if at first they don't find what they're looking for. Below are some proven ways to locate internship opportunities.

TALK TO PEOPLE

Contacts

- > **Fact** - 48% of respondents to our recent graduate survey reported that relationships with others directly helped them get their position. Also, a 2017 Payscale article stated that 85% of jobs are found through networking.
- > **Advice** - Tell your friends and family members what you're looking for and ask them to keep an eye out for you.

Job & Internship Fairs

- > **Fact** - 83% of employers who responded to our survey said they extended an internship offer to a UW student they met at the 2017 Internship Fair. The offers were in an array of fields.
- > **Advice** - Commit to attending at least one of the 20+ internship, job, and career fairs at UW this year.

Other Employer Events

- > **Fact** - The Career & Internship Center hosted 50 employer visibility events in 2017-2018.
- > **Advice** - Check our online calendar for Site Visits, Employer InfoSessions, Employer-Led Workshops, and Employer Panels.

USE CAMPUS RESOURCES

Handshake

- > **Fact** - Employers posted 3,106 internships in our database last year! More than 80% of them were paid!
- > **Advice** - Log in to your Handshake account at careers.uw.edu, set up your profile, and do some keyword searches in the *Internship* section.

Academic Departments

- > **Fact** - More than 40 academic departments offer internship courses and even more than that provide students with internship resources and advice.
- > **Advice** - Find out how your department disseminates internship information - listserves, blogs, Facebook, bulletin boards, etc.

Carlson Leadership & Public Service Center

- > **Fact** - The Carlson Center is a great resource for students interested in non-profit and public sector internships.
- > **Advice** - Look into their Undergraduate Community-Based Internship Program, and other public service fellowships and awards.

SEARCH ONLINE

Employer Websites

- > Look for internship info on the websites of employers of interest

Internship Sites

- > hyreculture.com
- > internships.com

General Posting Sites

- > indeed.com
- > idealist.org
- > linkedin.com
- > wayup.com

Keyword Searches

- > Open a browser, type "internship", and then type something else like an industry, a city, etc.
- > Ex: "marketing internship Boston"

TIPS:

- > Don't spend all of your time searching online. **Diversify!**
- > Don't worry about trying all the strategies listed. Pick a few and **do them well.**
- > **Be patient.** Finding the right opportunity usually takes a little time. Stay positive!