It's never too early to start thinking about your interests and how they relate to a career path. However, as a first-year student, you also have time to explore and figure things out. It's okay not to know what you want to do from the moment you set foot on UW campus. Look for places to get involved, meet people and try new things!

Consider meeting with a career counselor to discuss your interests and future aspirations and attending our exploratory workshops to learn about career options and tools for the rest of your time at the UW.

Use the questions on this page to start discussions with your career counselor, adviser, family, friends or mentor.

What activities on campus may be a good fit with your major and/or career interests? Look through the Registered Student Organization directory (uws-community.symplicity.com) and list a few you want to check out.

What questions do you have about connections between majors and careers? Write down the questions you want to discuss with a career counselor or academic adviser.

Reflect on your interests, skills and strengths. What excites you? What topics or skills would you like to know more about?

Among first-year college students nationally:

- 32% change career plans during their first year of college
- 34% change majors during their first year of college

Next steps:

I will attend workshops on these topics:
- Resumes
- Internships
- Internship Fair
- Cover Letters
- Interviewing
- Networking
- LinkedIn
- Exploring Career Interests
- Other:

People I will talk to:
- Career counselor
- First-year Interest Group (FiG) Leader
- Orientation Leader
- Academic Adviser
- Professor
- UW alumni
- Family member
- Other:

Activities I will explore:
- Student employment
- Husky Leadership Initiative (HLI)
- UW Center for Experiential Learning and Diversity (EXPD)
- Undergraduate Research Programs
- C21 (College of Arts & Sciences' Center for 21st Century Liberal Learning)
- UW Alumni Association's Huskies@Work
- Registered Student Organizations (RSOs)
- Other: